

Helping Folks “Catch the Buzz”



Tasting Honey

This was a “sticky” situation, even before the pandemic. I have used both successfully:



Pre-packaged Honey Straws



Wooden popsicle sticks

Simple no-bake recipes with honey for kids are endless!

This is a terrific resource:

<https://siouxhoney.com/8-kid-friendly-snacks-made-with-honey/>

My favorite, by far, is Honey Apple Nachos!



Ingredients

- ¼ cup raw honey
- 3 apples
- 2 tablespoons melted peanut butter
- 2 tablespoons chocolate chips
- 1 tablespoon shredded coconut

Directions

- Slice the apples and spread on a plate.
- Drizzle honey and melted peanut butter over the apple slices.
- Sprinkle chocolate chips and shredded coconut on top